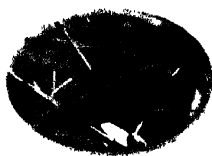


*La sot na ka Markang (Vol. IV)*

# KI SIM KI DOH

*bad*

KI JINGBAM JONG KI HA LUM SHILLONG



S. Khongsit

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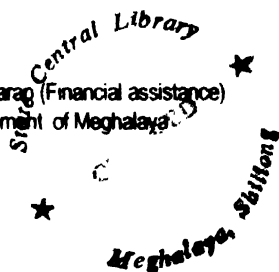
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LUM SHILLONG**



**S.KHONGSIT**

**2012**

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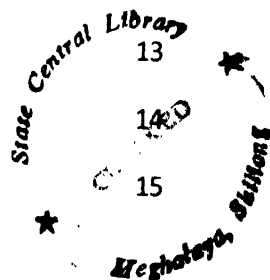
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(i)

## Forward

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Dated: 8<sup>th</sup> September 1989

The concern for wildlife is the concern for man himself. All forms of life – human, animal and plant, are so closely interlinked that disturbances in one gives rise to imbalance in the others. If species of plants or animals become endangered they signify a degradation in the environment which may threaten man's own existence. Lack of awareness of the benefits of conservation and all its relevance to everyday concerns, prevents Policy makers and Development planners from perceiving the urgent need to achieve conservation objectives.

The position of wildlife in our country is, in general, alarming, and many species of animals and birds are greatly endangered and are fighting a losing battle for survival. Fortunately, the founding fathers of our Constitution realised the need for wildlife conservation in our country. In the section on Directive Principles of state policy, the following duties for the state and the citizen were laid down:

(ii)

“The state shall endeavour to protect and improve the environment and to safeguard the forests and wildlife of the country” (Article – 48)

“It shall be the duty of every citizen of India to protect and improve the natural environment including forests, lakes, rivers and wildlife and to have compassion for living creatures” (Article – 51-A)

Happily, a general awareness has developed among the informed public about the necessity to conserve the natural eco-system of the country and the living wild communities of animals and plants these contain. This work should serve the growing needs of foresters, planners, biologists and others interested in the ethno-development of this region and wildlife conservation.

I must congratulate the author for this important publication.

Sd/- Dr. T. M. HYNNEWTA



**KA KTIEN LAMPHRANG**

Ha ka liang ka jingdon ki spah mar khlaw, ngi long kiba da donbok than. Ka Mariang ka la pyinkup ia kine ki lum, ki lhuh, ki them bad ki synthem da ki dieng ki siej, ki syntiew ki skud, ki phlang ki kynbat, ki sim ki doh bym lah niew tang shuh. Sa shiban, ngi long kiba donbok eh namar ba ki longshuwa jong ngi ki long kiba stad, ki don ka buit ka sap, ka jingshai jingsngewthuh ban niewkor ia ki, ban sumar ban ri tyngkai ia ki.

Hynrei ha kine ki khyndiat snem ba la lah, ka la wan ka jingkylla kaba ishongpher. Ka jingpynduh runar ia ki khlaw ki btap, ki sim ki doh, ka long kaba la ilyngngoh bad la ipap hi khait. Haba iohi ia kine kiei kiei, ym lah khlem da ishla.

Baroh ki riewpyrkhat, ki iamir ban pynlod lang ha kawei ka jingmut kata ka long – Ka jingdonkam kyrkieh ban pynneh pynsah ia ki khlaw ki btap, ki sim ki doh.

Nga la thoh ia ine I kitab da ka jingangnud ban ia pashat jingmut lang halor kane ka phang. Lyngba kine ki jingthoh, nga don ka jingkyrmen ba kan iarap ban pynioh jingmut khamtam ia ki hep khyannah, ban leit ia ka mariang, ban iajan bad ka bad ri tyngkai ia ki spah mar khlaw. Lada ngi la nang ban leh kumta, ngi la shim kawei na ki kam kiba kongsan kum ki riew leit Ri ba shisha.

S. Khongsit  
 “Shynna Diengiei”  
 San Mer, Upper Shillong  
 Shillong – 793009  
 The 27<sup>th</sup>, September, 1989.

## JINGSNGEWNGUH

Ha kaba pynkhreh ban pynmih ia kane ka kot, nga la ioh ka jingiarap na kiba bun ki riew tymmen bad riew rangbah. Hynrei ka jingsngewnguh kaba khraw eh nga pynpaw ia u Dr. T. M. Hynniewta ka Botanical Survey of India uba la don hapdeng ka jingbunkam u la pyllait por khnang ban pule bniah na sdang ha kut ia kane ka kot bad ai jingmut de artat kumno ban kham pynbha ia ka. Ka jingsngewnguh ruh ia I Bah Sindro Lyngdoh, I Bah Bringshon Tariang, Bah Jelsing Shadap, Bah Kedo na San Mer, Upper Shillong, bad kiwei kiwei kiba la ai bun tylli ki kyrteng jong ki jait jingbam ki sim ki doh kiba don ha Lum Shillong.

(S. Khongsit)

## U SOHLI-IA (Myrica indica)

U Sohli-ia u dei uwei na ki jait dieng kiba kordor eh uba ngi don hangne ha ri lum Khasi bad Jaintia. U long u dieng uba phylla shibun eh. U long u dieng uba long dawai, don ki bynta kiba u long bih, don ki bynta jong u kiba ngi ioh ia ka rong. Nangta ia u soh pat ki bam bha ki briew, ki sim bad ki mrad.

Ha ka jingiakren ha ine I kitab, ngin ia ia id lait shwa ia kiwei kiwei ki jingtip shaphang une u dieng, hynrei ngin shim tang ia ka phang kum u jingbam jong ki sim ki doh.

U Sohli-ia u puh syntiew ha u bnai January bad u soh jong u pat u sdang ban ih ha ka taiew kaba khatduh u March. Ha ri khriat jong u lum Shillong u soh jong u u dang neh haduh kaba kut jong u bnai Jylliew. Kumta ka jingpynioh jingbam u sohli-ia ki sim ki doh, ka neh kumba lai bnai tam

Kiei kiba bam ia u sohli-ia. Kumba la ong sha khmat, la jan baroh ki jait sim ki bam ia u. Wat ki sim rit ki bym lah ban nguid tylli ruh, ki shu puh tang ia u dohmet. Ki khnai ki risang lei lei ki bam ia u soh bad ia u shyieng ruh.

Ia u sohli-ia, ki bam bha ki briew ruh. Ha ki bnai pyrem, ju iohi ba ki die ia u wat ha Sor Shillong ruh. Ki bam bha ki khynnah bad ki rangbah ruh.

## **KA SOHSAW**

### **(Oleaceae olea dicica)**

Kane ka dieng ka don kynrei ha u lum Shillong bad ki ranab jong u. Ka syriem shibun ia ka dieng lalieh. Ki soh ruh ki syriem ia ki soh lalieh. Ki soh jong ka ki ih ha u bnai October bad sah haduh por pyrem. Ia ki soh jong ka, ka bam bha ka mrit. Lah ban ong ba kane ka dei ka jingbam ba kongsan jong ka mrit.

Ka mrit ka dei na ki jait sim kiba kynriah jaka (migratory birds). Kane ka sim ka ju wan man ka snem sha lum Shillong ha ki bnai October-November bad shong tang kumba lai bnai. Ka jingwan jong ka ka long da ki phew hajar. Katba ka dang sah ha lum Shillong, ka bam tang da ki soh jong ka dieng sohsaw. Jahynlaw, u wieh bad lehse kiwei de ki jingbam, khyndiat khyonsoit.

Ka mrit ka dei ka jait sim kaba phylla shibun. Ki nongrep ha ki thain Upper Shilong, ki pule katto katne ia ka jinglong ka mariang na ka mrit. Ki ju ong ba lada ka mrit ka wan paidbah kham mynlap, ka snem ka ban bud kan long 'Nemjem, hynrei lada ka wan dier, ka dei ka snem ka ban shrang.

Kane ka rukom wan kiew jong ka mrit sha lum Shillong, ka dei kaba la ju don naduh kulong kumah. Hynrei mynta ka jingkylla kaba mih na ka thaw jongbriew ka dei ka jingpynduh rhah ia ka dieng sohsaw. Lada kane ka dieng sohsaw kam don shuh ha ki them bad ki lhuh u Lum Shillong khlem artatien, ka mrit ruh ka ym wan kiew shuh sha Lum Shillong kumba ka ju leh pateng la pateng. Kumta ka long kaba donkam eh ba ngin pynneh pynsah ia kane ka dieng kaba kordor eh.

## KA SOHLONG

(Meliaceae melia azedirachta)

Kane ka dei ka jait dieng kaba hap sla ha ka por tlang, ka syriem katto katne ia ka bti. Ka dei na ka jait dieng jem. Ka long kaba heh kloï shibun. U soh jong kane ka dieng u jyrngam bha, hynrei haba u la ih u stem. Ka jingheh soh ka syriem kat u Sohiong.

Kane ka sohlong ka dei kawei na ki jait dieng dawai. Hynrei hangne ngi la shim ban ia kren, namar ba ka dei kaba donkam eh kum ka jingbam ia ki mrad khlaw (wild life).

Ia u soh jong kane ka dieng, ka bam bha ka skei. Ha ki ranab jong u lum Shillong, ym da don kynrei ki sohdieng ban bam skei. Ka sohlong namar kata, lah ban ong ba ka long kawei na kiba bsa ia ki skei ha ka por tlang.

Kiba bun na ki sohdieng, shisien ba ki la hap ha khyndew ki pyut noh lane sniew noh. Hynrei ki soh jong kane ka jait dieng, ki neh slem slem wat haba ki la hap ha khyndew ruh. Na kane ka daw, ka sohlong ka lah ban pynioh jingbam ia ki mrad kiba bam ia ka, slem slem.



## U SOHPREW

(*Rubus ellipticus* Rosaceae)

Une u dei na ki jait dieng shiah kiba mih ha ri tbian bad ha ri jrong. Sha Khadar shnong ki khot u soh shiah namar naduh u dieng shaduh ki sla ki dap da u shiah. U phuh syntiew ha u bnai January bad ki soh ki sdang ih naduh u March bad neh haduh u June. Ha ki khlaw bad ranab u lum Shillong u kynrei eh. Ia ki soh jong u, bam bha ki briew, ki sim bad ki mrad. U long uba soh bun. Ha ka por ba u ih, shu stem kmur ki khlaw ki btap. Na uwei u tynrai uba heh dieng bad uba la heh pura, lah ban ioh soh na ka shitynrai haduh kumba shi kilo ne ar kilo ruh.

U tyllong thied jong u, u dei u dawai suhot uba bha shibun. Don ki jaka kiba ki khot ia u, u dawai sohot. Ha ki shnong khap sor Upper shillong ki jer ia u "U Sohprew". Dang kham mynshuwa, kine ki khlaw ki dap da une u soh, wat ban rung shapoh khlaw ruh ym lait da kaba suk na ka jingbun jong u. Kumta pahuh bam ki sim naduh kumba saw bnai tang na une u soh.

Ha kine ki khyndiat snem ba la lah, naduh ba ym don shuh ka jingpyrkhing ban thang pluh ia ki khlaw Sorkar (Reserved Forest), ka jingduh jong une u sohprew ka long ka bym kai shuh. Kumta, lada ngi dei ban iada na ka jingpynduh ia ki jait jingbam jong ki sim ki doh, u sohprew ruh u dei ban ioh ka jingiada, da kaba adong syndon ia ka jingthang pluh ia ki khlaw sorkar, bad ki ri kynti jong ki briew ruh.

## KA-JAHYNLAW

### (Viburnum Cariaceum)

Kane ka jait dieng ka mih ha ri tbian bad ha ri jrong. Hynrei imat ka kham juh ha ri khriat. Dang kham mynshuwa, la iathuh ba ha ki khlaw Upper Shillong ki khapngiah da kane ka dieng. Ka puh syntiew ha ki bnai June-July bad ki soh ki ih ha u October-November bad ki neh ha dieng haduh u January, baroh ki jait sim ki bam bha ia kane ka soh. Ka long kawei na ki jait dieng kiba la ring paidbah ia ki sim ba bun jait ban shong ha ki khlaw Lum Shillong. Ka jingjyllei ki sim ha kine ki khlaw ha ka por Synrai ka long namar ba don kane ka dieng.

Napdeng ki jait sim kiba bam bha bad wan paidbah ha Lum Shillong ha ka por synrai ka dei ka mrit. Kane ka sim ka wan kiew da ki phew hajar. Ka shong ka sah ha ki them, ki lhuh bad khlaw lum Shillong kumba saw bnai. Ki soh dieng kiba kongsan ki dei ka jahynlaw bad ka sohsaw.

Ia kane ka dieng la pynphriang symbai da ki sim kiba bam ia ki soh jong ka, bad da ka jinghap hi ki soh ha khyndew ha ka por tlang. Hynrei ha ka jingthang pluh ia ki khlaw ki btap, ki shyieng ki ban sa long ha ki bnai slap ki la ing lut ha ka ding. Kumta ka jingwiang ding ha ki khlaw Sorkar ka dei ka jingpynduh ba shyrkhei ia kane ka dieng.



## U SOHPDUNG

U sohpdung u dei uwei na ki spah mar khlaw uba don ha lum Shillong. U phuh syntiew ha u bnai April-May. Ki phuh ki lieh kshoid kshoid. U soh jong u pat u ih ha ki bnai July-August. Ki soh ki rit bad pyllon bha. Ha ka jingheh jingrit ki syriem ia ki soh pyrshit. Haba ki la ih ki stem kum u soh priam.

Baroh ki jait sim naduh kiba rit haduh ki sim heh ki bam bha ia u sohpdung. Na ki jait sim heh kiba bam bha eh ia u sohpdung dei ka sohlyngngem bad ka wahku.

U dyngkhong sohpdung u long dohmet (tuber) syriem kum u phan dieng. Kane ka dyngkhong sohpdung ka long kaba jem, kaba bun um bad ka um ka jew-byrjup.

Naduh hyndai hooid wat haduh mynta mynne ruh, ha ki nongkyndong ki khynnah bad ki rangbah ruh, kiba hikai siat khnam ban beit kti, ki ju pynshah da ka sohpdung, namar ba ka long kaba lah ban ioh pahuh, kaba rit ne baheh. Hynrei kaba kongsan balei la jied da ka sohpdung ka dei namar ba ka biang bha ha ka jingeh jingjem. Haba siat, u khnam u neh bha, hynrei ka suk ban phut biang ia u. Lada pyndonkam da ka pashor kait ka jem than. Hynrei ka sohpdung te ka biang. Kumta ia ka ktien *sohpdung* ruh, la ioh na kane ka jait dieng. Ha ki jingiasiat khnam, ynda haba ki la shna da u skum ruh, ki ju ong hi ka sohpdung.

Kane ka jait dieng, kam da don kynrei shuh ha u lum Shillong. Hynrei, lada ngi im sngi ban ri tyngkai bad pynneh pynsah ia ka, ka long kaba suk ban thung, lada dei ha ki jaka maw ne khyndew bad wat ha ki kper ki phrah ruh.



## KA DIENG JALU.

### (Labraceae litsea citrata)

Ka dieng jalu ka dei ka jait dieng kaba kynrei hangne ha ri lum jong ngi. Haba peit bniah ia ki khlaw, ki btap, kiba bun na ki jait dieng kiba mih ha ri tbian kim don ha ri jrong bad kiba don ha ri jrong kimjuh ha ri tbian. Hynrei ia ka dieng jalu ngi lap ba ka iadei bha ha ki ri thor, bad ka heh ka plung ruh ha ki kynjang lum haduh kumba 6000 phut na sla duriaw. Nalor kata, bun ki dieng ki san kloï ha ki ri shit, hynrei kita ki juh ki dieng ki suki ban san ha ri khriat. Hynrei ka dieng jalu ka santer bha wat ha ri jrong ruh.

Don bun ki jait dieng kiba shem shitom ban pynroi ia ki. Hynrei ka dieng jalu haba ka la don ha kano kano ka jaka, ka la shu mih hi. Kawei ka long na ka jinghap symbai na kata ka dieng. Kawei pat ka long namar ki sim ruh kiba bam ia ki soh jong ka, ki nang iarap ban pynphriang symbai shuh shuh.

Ka dieng jalu ka dei ka dieng kaba kordor shibun eh. Ki briew ki jer ki kyrteng ba pher ha la ki jong ki jaka. Ha ki thain ri Bhoi (Raij Thaiang) ki khot ka dieng Nilu. Ha Nongtluh ki khot ka diengshyieng. Don ki jaka ha ki thain Pnar ba ki khot ka dieng Satler. Ha thain Umsohpieng (West Khasi Hills) ki khot ka dieng Jein, ha kiba bun ki thain ri War ki jer ia ka ka dieng Sying. Ki Assamese ki khot ka Mezankuri bad ha Lower Assam don kiba khot ka Adakuri. Ha ka kyrteng Botany ki khot ka Labraceae litsea citrata. Haba bishar na ka liang ka jingpyndonkam ia ka ha ki rukom bapher, lah ban ong ba kane ka dieng ka long kaba kordor shibun eh. Baroh ki bynta jong ka naduh ka sla, ka snep, ki phuh bad ki soh ki leit kam lut.

Hynrei ha ka lynnong, ngin ia iehnoh shuwa ia kita ki jingdonkam ba bun syrtap jong kane ka jait dieng. Ngin ia khmih ia ka phang kaba iadei bad ka jingbsa jong ka ia ki sim ki doh (wild life).

Ki soh jong ka ki heh syriem kat u soh mrit, ka por ba ki la long ban bam sim ka dei naduh u August, bad ki neh haduh lai bnai, ka long ka jait dieng kaba soh bun bha, ka soh haduh ban da khia hi jun.

ia ki soh jong ka, ki bam bha ki sim. Hynrei namar ba ka heh soh, ki bam bha ki sim heh kum u pukrong, Jyllob, kynjar, etc. Hynrei wat ka paitpuraw, simsier, rawtem, porkdait, korklia, etc ruh ki la lah ban bam. Ka tyngab ka bam bha ia ki soh jalu. Ha ki aiom ba ka la ih, lah ban lap ia ka tyngab ha ki dieng jalu haduh saw-san sien shisngi.

Ka soh jalu ka ih ha ki bnai ba man riewhadem. Ha ka jingiadei bad kane, ka long kaba dei eh ban pynkynmaw ba ki nongrep jong ngi ha ki thain Upper Shillong kim treh ban thung riewhadem ha ki jaka ba bun tyngab wat la u bha ruh. Kane ka long kaba shisha, namar haba la noh paidbah ka tyngab ka kano kano ka lyngkha, tang hapoh ar bad lai sngi, la lut u riewhadem. Lada buh kawei ka jingkylli, balei ka tyngab ka wan tuh riewhadem. Ka jubab ka long, "Namar ba ym don jingbam shuh ha khlaw."

Lada ngi ri tyngkai ia ka dieng jalu, ha ri khlaw sorkar bad ruh ha ki ri kynti jong ki briew ka Upper Shillong, ym don jingartatien ei ei, ba ki lyngkha riewhadem, kin ym don jingma na ki tyngab. Kumba la kynthoh sha khmat, ka tyngab ka bang eh ia ki soh jalu. Te haba ka bang eh kumta, kan shu lapmiet-lapshai kaba bam soh jalu bad ia kiwei kiwei ki soh dieng. Kane ka long ka jingkyrkhu kaba khraw, ia ka tyngab, ia ki sim ki doh, bad ia ki nongrep.

## U LASIER

### (Carex baccans)

U lasier u dei uwei na ki jait phläng kiba mih kynrei ha lum Shillong. Ki sla jong u ki jong thai-thai, ki jyrngam bad kiba nep ha ki krung. Une u lasier u long uba mih bun ha ka shitynrai. Uba la bun syenai, u mih bun jyntang ha ka shitynrai.

U soh jong u lasier u syenai shibun la u raitruh. Hynrei ka rukom soh lam di ti lam u raitruh. Ki soh jong u ki th ha ka oon flang. U soh jong la di nadun u October bad neh haduh u January February.

La ki soh jong u luyet, ki bam uba ki sim. Khamtam kito ki sim kiba wad jingbam ha sya lah kande w. Ka sim sylla dohdah lei lei ka bam uba la u soh lasier. Ki syia u ki bang luyet la une u soh.

Une u lasier u daw kyrtong ruh na ka khana pateng baria. Ki ong hndat cyuba u Syiar, u leit shaw la ka Sngi na freu namet na kien tatong, u chubantaid la ka lynti ba jngai mui bad sngi. Kanna na kane ha jngleit lynti jngai, une u thap ha dike. Kham baiot, u roh jngi am nan bam lynti da u soh lasier. U chafap kienet ka jong pat, u thiah ha tad jong u chafap sang um na kane ka daw ba ha ka kna ka korian, ki ju uyedonkam la u lasier bad la ka lilia pat da u sla jong u ning.

Ki pyntomkam la u soh lasier kumne, khang ban pyntah kyrtong la lala ka jngleit lynti jong u Syiar. U Syiar ruh, hndat cyata myenne, wat la u pahuh jingbam ruh, um ju lilein, hynrei u bam la u, wat la um bam bun ruh.

Une u lasier, u long uba dei eh ban kynthup, kum uwei na ki jait jingbam jong ki sim ha u Lum Shillong.

## KA SOHTAH

(*Rosaceae rubus mollucanus*)

Ka Sohtah ka dei kawei na ki jait jingbam jong ki sim ki doh. Ka long kaba mih kynrei ha ri tbian bad ri jrong. Kane ka don lai jait. Ka sohtah heh, ka sohtah lieh bad ka sohtah iong. Kine baroh lai jait, ki soh ha la ka jong ka jong ka por. Ha ki ranab u lum Shillong, ki don baroh lai jait.

Ia ka sohtah ki bam bha ki briew, ki mrad bad ki sim. Ka sohtah heh, ka ih naduh u June-July bad neh haduh kumba lai bnai. Ka sohtah lieh ka ih ha ki bnai synrai, bad ka sah haduh kumba saw bnai haduh u January. Ka sohtah iong, kam da don bun, nador kata kam da soh tikna.

Lada ngi shim ia ka jingilan ka por ba lah ban ioh sohtah ngi iohi ba ka neh haduh 6 bnai. Kumta ka sohtah; ka long lehse kawei na ki jingbam jong ki sim ki doh kaba kyrshan shibun eh ia ka jingim jong ki. Ka sohtah, nador ba ka pynioh jingbam, ka long ruh kaba ki sim ki doh etc, ki bam bha ia ki.



## U KROT LUM

*Smilax ferex wall* (Liliaceae)

U krot lum u mih kynrei ha ranab u lum Shillong. Kumba ju long lam kiwei kiwei ki jait krot, une u jait krot ruh u don shiah. Um da pur jngai kumba long ki krot ritbian. U phuh syntiew ha ki bnai pyrem u soh pat u ih ha ki bnai Synrai, ki sim ba bun jait ki bam bha haba u la ih. U krot, u don bynta ha kaba bsa ia ki sim ki doh ha lum Shillong.

## **KA JALYNNOH** **(Chinese polygonum Chinense)**

Ka jalyntoh ka don ha ri tbian bad ha ri jrong ruh, ka syriem shibun eh ia ka jaryndem. Shisien peit, lehse kiba bun ki lah ban ong ba ka dei hi ka jaryndem. Hynrei ka don ka jingiapher ha ka rukom phuh syntiew bad ki soh ruh ki iapher.

Ka jalyntoh ka don kynrei ha lum Shillong bad ha ki ranab jong u. Ka sdang phuh syntiew ha u June. Katba ka nang phuh, ka soh artad. Ki sim ki bam bha ia ka soh jong ka.

Ka jalyntoh ka dei kawei, lehse na ki mar khlaw kiba neh slem ka aiom phuh bad iai soh haduh u December. Kumta, ki sim ki doh ki ioh bam ia ki soh haduh kumba hynriew bnai lynter. Na kane ngi lah ban ong, ba ka jalyntoh ka dei kawei na ki jingbam jong ki sim ki doh ha u lum Shillong.



## **U SOH MYLLIANG**

U soh mylliang u dei u jait soh uba don kynrei ha Lum Shillong, la Une u soh ym lap ha ri tbian, U soh jong u u syriem ia u soh klong, tangba um shym heh kat u soh klong, u ih ha ki bnai August-September. Ia u soh, ki bam bha ki briew, ki mrad, ki sim. Ka skei ka bam bha ia u. Ki nongsiat skei ki ju leit ap khnang ha ki jaka ba don une u soh. Ha ka kyrteng Science ki jer Pyru laria edulis D.C. (Santalaceae). Une u jait soh u mih kynrei haduh jan kliar u Lum Shillong. Hynrei mynta um don bun shuh namar ba ki briew ki la shu khet bad pynduh ia ki khlaw khlem pyrkhat. Ka long kaba dei eh, ban pynsah kum ia une u jait soh khlaw uba kordor eh.

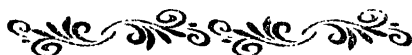
## U JALKHAN

(*Embelia ribes*)

U jalkhan u dei u jait jymie uba mih kynrei ha ki khlaw ka ri Khasi, hynrei um long ban teh jingteh. U jalkhan u don ruh bun jait. U jait jalkhan uba don ha Lum Shillong u dei u jalkhan lieh. Une u mih u man bha haduh hajan kliar lum Shillong.

U jalkhan u long uba soh bun bha, ki soh ki heh syriem kat u soh jaiur. Haba u la ih, ki saw bha hoin hoin. Ki sim ki bam bha ia u soh jalkhan. Ha ki ri tbian, don u jalkhan uba heh soh jan kat u sohriew. Hynrei kine kiba don ha lum Shillong, kim dei ki jait heh. Ka jingdon u jalkhan ha lum Shillong ka pynpahuh jingbam ia ki sim.

Nalor kata ruh, kito ki sim kiba ju bam bha ia une u soh ha ki ri tbian, haba ki wan poi shipoi ha ka jingiaid pyrthei jong ki, kim duna jingbam ei ei.



## U SOH RYNGKHAM

U soh ryngkham u dei u jait dieng rit uba mih kynrei ha ki ri jrong. Ha ki ranab u lum Shillong ruh u mih kynrei bha. Ki sla ki rit bad ki soh ruh ki long kiba rit. Ha ka jingheh jiingrit, u syriem ia u soh pylleng. Ia u soh ryngkham ki bam bha ki sim ba bun jait, u risang bad kiwei kiwei ki mrad rit ki bam bha ia u. Kumta une u jait soh u long uwei na kiba don bynta ha kaba bsa ia ki sim ki doh ha ranab u lum Shillong. Ha ka kyrteng Science, ki jer *Vaccinium griffethianum* Wight (*Vaccinaceae*).

## **U SOHLYNSHANG PYLLUN**

### **(Curcarnitaceae trychesanthes)**

Une u dei na ka kynhun jymie, kiba mih ha ri tbian bad ha ri jrong. U dyngkhong sohlynshang u long met (tuber) pyllun. U dohmet phan uba la heh pura, u heh kat ka bol 3 ne 4 lymbor. la une u phan ki khot sohmynkhong. Na une u soh – mynkhong, u mih lung man ka snem, bad pur jngai kumba sawphew ne sanphew phut na u tynrai.

U sohlynshang u phuh syntiew ha ka por lyiur bad u soh pat u ih ha ka por synrai. U soh u heh kat u sohbrap, haba u la ih, u saw hain-hain. la u sohlynshang ki bam bha ki sim, u risang, ki khnai etc. U sohlynshang u long uba soh bun bha, u sei soh man u mat.

la u sohlynshang, nador ba ki ioh bam ki mrad ha ka por ba u ih, lada ym don ba bam ne pynkhih, ki shyieng jong u, ki sah tyrkhong bun bun bnai. la kine ki shyieng pat, ki risang, ki khnai etc ki bam bha ha ki bnai ba kyrduh bam ruh, kumta ngi iohi ba u sohlynshang u long uba myntoi eh kum u jingbam ia ki sim ki doh ha u Lum Shillong bad shawei ruh.



## **U SOH SYIAR**

Kane ka dei kawei pat ka jait dieng kaba mih kynrei ha lum Shillong. Wat la ka long kaba heh dieng, ki soh jong ka pat ki rit syriem kat u sohriew. la ki soh jong ka bam bha ki syiar khlaw, ki sim kiba heh bad barit. La iathuh ba u syiar khlaw u juh bha ban shong ban krad jingbam ha ki jaka ba don bun kane ka jait dieng.

## KA JATYNSIM

(*Urticaceas debregasia longifolia*)

Ka jatynsim ka dei ka jait dieng kaba don ha ri tbian bad ha ri jrong. Ka long ka jait dieng kaba long ksai, tangba ki ksai kim da jwat. Ka dieng ka long kaba jem syriem ia u stein. Ki sla ki rit bad jem. Ki sla ki jyrngam shalor bad sha ka liang kaba shapoh pat ki lieh.

Kane ka dieng ka heh ka plong bha ha lum Shillong. Lah ban lap ia ka haduh tyllong um Sangmein. Ki soh jong ka ki sdang ih ha u bnai October bad neh haduh February-March. Ka long ka dieng kaba soh bun bha. Ka jingsoh jong ka, ka long haduh katta, ha ka por ba ka la ih lada peit naduh na jngai ruh lah ban iohi tang ia ki soh suda.

Ka soh jatynsim ka heh kat u sohmrit khlaw, bad haba la ih, ka saw kum ka rong sohniamtra la ka soh jatynsim ki bam bha ki jait sim baroh kynthup ki sim kiba heh bad barit. Ha ki ranab u lum Shillong ka jatynsim ka long kawei na ki jait jingbam kiba bsa ia ki sim ki doh, haduh kumba san ne hynriew bnai. Kumta khnang ban khring ia kine ki kynja ba im, ka long kaba donkam eh ban pynneh pynsah ia kane ka jait dieng.





## KA SOHPAIAT

(Ligustrum robustam)

Ka Sohpaiaat ka long ka jait dieng kaba mih kynrei ha ri lum jong ngi. Ngi lap ia ka ha ri shit bad ri khriat ruh. Ka long ka jait dieng kaba eh shibun. Hynrei ka long pat ka jait dieng ka bym beit dieng, la jan baroh ka shu kdor bongnung-bongnang. Wat la ka long kaba eh dieng, kim ju pyndonkam ia ka ha kaba thaw ing thaw sem. Ka daw ka long, ym dei eh ba kam da beit dieng, hynrei namar ka long kaba pyut klor.

Ka jingdonkam: - Kane ka jait dieng ka phuh syntiew ha ka por lyiur ka phuh rreh ha u lyllew Ha u lum Shillong bad ha ki ranab jong u, ka sohpaiaat, ka dei kawei na ki jingbam ba kongsan jong ki sim ki doh Ka soh jong ka ka sdang ih ha u bnai November bad ka neh haduh u February-March.

Ha ka por ba ih ka sohpaiaat, ju wan boi ki sim baroh – baroh shisngi. Ki jait sim kiba ngim ju iohi ha ka por lyiur hynrei ha ka por ih sohpaiaat, ju wan poi ki sim ki jait pa ki jait. Uwei u tymmen ha San Mer, um ju shah ia ki bahaing bad ia ki khynnah ban pom ia ka sohpaiaat sha jan ing jong u, namar ha ka por ih sohpaiaat ki wan poi ki sim ba bun jait, katno sngewtynnad ban sngap ba ki ia pah ha ki sur bapher bapher.

Ia ki phuh sohpaiaat, u ngap u boi bad rong syntiew sha ki sympa bad ki ksing. Lada don por ban leit hajan ka dieng sohpaiaat ha ka por lyiur, ngin iohsngew ia ka jingkyndud ki sur barit jong u ngap, bad kiwei kiwei ki khniang kiba boi. Ha ka por tlang pat lah ban iohsngew kyndiang ia ka jingkhynwin ki sim ha ki sur bapher.

Nalor ki sim, ki mrad ruh ki bam bha ia ka sohpaiaat, naduh u bshad, u shyndir, ka dngiem, bad bun kiwei kiwei ki jait mrad.

Bun na ngi lehse ngi lah ban pyrkhath ba ha u Lum Shillong bad ha ki ranab jong u ym da don bun ki sim ki doh. Hynrei ngin sngew lyngngoh ban tip, ba ki jait sim ba bun jait na sha ri war ruh ki wan poi ha u Lum Shillong. Na ki sim kiba wan kiew sha u lum Shillong na ri tbian katto katne lah ban jer ia kine:- U jyllop, u kynjar, ka sim slang, u pukrong, ka wahku, lane langbyrku, porkdait, u korkatia, jalboit dkhoh lasam, sim shaid, sim tung, ka sim puhweh etc.

Ka jingdon ka sohpaiah ha ki thain u lum Shillong, ka khring ia kiba bun jait ki sim ki doh. Kumta ngi lah ban ong ba kane ka dieng ka ioh ka bynta kaba donkam shibun ha kaba bsa ia ki sim ki doh (wild life).



## **KA SOHSHUN**

**(verbanaceae calicarpa rubella)**

Ka sohshun ka long ka diengrit kaba don ha ri tbian bad ha ri jrong. Ha ki thain u lum Shillong kane ka dieng ka don bun bha. Ki soh jong ka ki saw hoin-hoin haba ki la ih. Ki ih ha ka por synrai bad sah haduh por tlang.

Ki sim rit ba bun jait ki bam bha ia ka sohshun. Ki sim rit, kiba juh ban shong ha ki btap kum ki sim sla, sim leitiew, sim krai etc, ki bam bha ia ka sohshun. Kine ki jait sim ki don bun ha ki thain u lum Shillong, kine ki sim rit ki pynmih ki sur pah kiba rit ha ki bniap u lum Shillong. Hynrei ki don la ka jong ka dor haba ki pynmih ia ki sur jingrwai kiba rit.

## KA SOHMA (Theacese)

Ka sohma ka dei ka jait dieng kaba hap sla ha ka por tlang. Ka don ha ri jrong bad ha ri tbian. Kane ka dieng ka long kaba kordor shibun. Ka leitkam ha ki bun jait ki jingdonkam.

Ki jingdonkam kiba kham kongsan ki long ba ju pyndonkam ia ka kum ka 'pingwait ka soh jong ka pat ka long dawai. Ka sohma ka dei ka nong aidak ia ki nongrep kaba ki lah ban shaniah khlem bakla. Haba ka sohma ka la phuh syntiew ka dei ka por kaba biang eh ban thung phan tlang. Lada thung phan tlang ha shuwa ban phuh ha sohma, ki nongrep kin hap pynkhreh bad ka dawai ban synreit ban iada na ka iapiong (blight). Lada thung hadien ba phuh ka sohma, ka la dier palat. Kumta kaba biang eh ban thung phan tlang ka dei hamar ba phuh rreh (peak season) ka sohma. Kiba thung phan ha kane ka por kim da donkam ban pynkhreh dawai iada na ka iapiong.

Phai pat sha ka phang kaba iadei bad ka jingbsa ia ki jingim ha khlaw, hangne ruh ka ioh ia ka jaka kaba donkam. Ia ka phuh sohma, u ngap u boi bha. Kumta ka iarap ia ka kam ringap. Ha ki thain u Lum Shillong ka sohma da dei kawei na ki jingbam jong ki sim ki doh.



## KA SOHLANG

Ka Sohlang ka dei napdeng ki jait dieng rit. Ia kane ka jait dieng ngi lap kynrei tang ha ki ri jrong. Imat kam juh satia ha ki ri tbian. Kumta ngim lap ia ka ha ki ri syaid. Ha ka kyrteng Science ki jer Capritoliacea Vibarnum Faetidum.

La jer kyrteng Sohlang lehse na ka rukom soh jong ka, kiba ki soh ki shu ialang lang. Ka sohlang ka don arjait. Kawei ka dei ka sohlang heh bad kawei pat ka sohlang eitksew. Ka sohlang haba ka la ih pura ka saw jlah. Ka sohlang heh ka jewbyrjup katba ka sohlang eitksew pat ka kham kthang. Ha ki thain Swer bad Mawjrong, don ka jait sohlang kaba long diengbah bad ki khot ha kito ki jaka ka Sohlang eitksew.

Kane ka jait dieng ka puh syntiew ha ki bnai Jymmang bad Jylliew bad ih ha ki bnai Nailar-Risaw. Ka don ka jait kaba kham ih dier ka puh ha u Nailar. Ki soh jong ka sohlang ki lah ban neh slem slem ha dieng. Lada ym don ba kheit bad bym don ba bam, ka lah ban neh ha dieng haduh u bnai Kyllalyngkot ruh.

Shisien peit, ym inang ban kubur ba ka long kaba larkam. Ym i shah myllai hi ruh ban ia kren ia ka. Hynrei ka don la ka jong ka dor. Na ka bynta shi rynjup u sohlang, don kiba leit ban kiew ia ki riat ki ram kiba syier bad ngam ia ki bniap ba kynjah. Kat kum ka jingshem buit ba mynta, la lah ban buh slem (Preserve) ia ka sohlang ha ki bilor. Ia kane ju pyndonkam ha kaba khwai dohkha. Lada ngin khein ia ka jingbun ki nongkhwai tang ha sor Shillong, shi sngi shi sngi ki hiar khwai ym duna ia ka 200 ne 300 ngut. Ha kiba bun ki aiom khwai, kine ki nongkhwai dohkha ki rah jingphruh da ka sohlang.

Ka sohlang ka long ruh kawei na ki jingbam jong ki sim ki doh. Ha ka por ih sohlang, bun jait ki sim bym lah jer

kyrteng, ki bam ia ka sohlang. Wat kito kiba ju shong ha ki ri tbian kum ki sim slang, porkdait, rawtem, bad kiwei kiwei ki wan poi sha lum Shillong ki bam bha ia ka sohlang. Kumta ngim bakla ban ong ba ka sohlang ka iarap ban pynriewspah ia ka jingim (wild life) na ki khlaw ki btap.

Sa kawei pat ka jingdonkam ban ia pynsah kynmaw ka dei ia ki syntiew jong ka. Ha ki ri jrong, ka phuh sohlang ka long kawei na ki jingbam ba u ngap u lum syntiew. Kumba la ong sha khmat don ki sohlang kiba phuh lap bad ba phuh dier, kumta u ngap u ioh ka por kaba jlan ban lum syntiew na ki. Ki nong-ri-ngap ha ki ri jrong ki niew kor eh ia ka namar ka ia bteng lem ban bsa ia u ngap. Kumta ngi lah ban ong, ba ka sohlang ka iarap ban kyntiew ia ka kam ri ngap (Bee keeping Industry).

## **KA JASNIANG** (*Lyonia ovalifolia*)

Kane ka dei ka jait dieng kaba mih kynrei ha ki thain u Lum Shillong. Kane ka dieng kam long diengbah. Ki sla ki syriem katto katne ia ka sla diengngan. Ki sla jong kane ka dieng ki long bih. Don ki nongshoh wah sha Upper Shillong kiba pyndonkam ia ka sla jasniang na ka bynta ban shohwah. Ia kane ki leh da kaba khleh lang bad kiwei kiwei ki jingkhleh.

Kane ka dieng ka phuh syntiew ha ki bnai pyrem. Ki phuh ki long kiba lieh itynnad shibun eh. Ia ki phuh jong ka, u boi bha u ngap. Ki soh ki ih ha ki bnai synrai. Ki sim ba bun jait ki bam bha ia ki soh jasniang. Ki soh jong kane ka dieng namar ba ki rit symboh, ki sim kiba heh bad kiba rit ruh ki bam bha ia ka. Ka jasniang namar kata, ka ioh ka bynta ha kaba bsa ia ki sim ki doh bad ia u ngap u lwai ha ki thain u Lum Shillong.

## KA JAM' IANG

Ka Jamiang ka dei ka jait dieng rit kaba ngi lap kynrei ha ki ri jrong, khamtam eh ha ranab u lum Shillong. Ha ka kyrting Science ki jer Styraceae symplocos cratagoi. Kane ka dei ka jait dieng kaba hap sla ha ka por tlang. Ka dei ka jait dieng rit kaba rben sla shibun eh. Ka rukom sei thad (branching habit) kam iar hynrei ki shu ialang lymbung. Ki sla ki lam pyllon bad don shrong (ribs) ha ki rmiang.

Ia kane ka dieng ym da i myllai eh, hynrei haba la peit bniah ia ka ha ki saw aiom ka snem la shem ba ka long kaba kordor eh. Ka puh syntiew ha u Jymmang Jylliew.

Ki puh jong ka ki lieh itynnad eh. Haba ka la puh rheh la klet ban iohi wat ia ki sla jong ka ruh. Ka puh bun haduh la i kumba khein ka dieng ruh. Kito kiba niewker ia ki dieng syntiew, haba peit ha ka por ba ka puh bha, kin shu hap iaroh beit ia kane ka dieng. Ia kane ka dieng la l dei ban buh ha ka juh ka kyrdan bad ki dieng ba khot "ornamental tree".

Nalor kata ia ki syntiew jong ka u ngap u boi bha kumta u ioh jingbam ha ka por ba duna syntiew ha ki khlaw. Ia ki soh jong ka pat, ki sim bun jait kiba don ha Lum Shillong ki bam bha. Ka long namar kata kaba iarap ban pynim thngan ia ki sim ha khlaw. Kumta ka iarap lang ha kaba pynneh ia ka jingroi parum pareh ki sim ki doh ha khlaw. Ka don bynta ha kaba kyntiew ia ka jingim (wildlife) ha khlaw.



## KA JATHYNRAIT

Kane ka dei kawei pat ka jait dieng rit kaba mih kynrei ha ki ri jrong. Ha ka kyrteng Science ki jer Ericaceae, gaultheria fragrantis. Ki sla jong ka ki long kiba eh. Ka don shrong (ribs) ha ki rmiang. Ki phuh jong ka ki lieh bad phuh syntiew ha ki bnai July-August. Ki soh pat ki long byriong haba ki la ih.

Ka Jingdonkam:

Shisien peit, kam long kaba i larkam ei ei. Ki dieng jong ka ki shu long dieng shynrain. Ban thang dieng iap ruh ym i myllai, ban ker kper ruh ka rit than. Kumta haba thang pluh ia ki lum, ka shu iap lang bad u phlang u kynbat bad ki lasew.

Kane ka dieng rit ka long pynban kaba kordor eh. Ka long ka dawai pang met kaba bha shibun. Ki sla jong ka lada kdiah bad kyrjiaw, ka pynmih ka juh ka jingsma iwbihi thik kum ka Amrutanjan. Lada kyrjiaw khyndiat ki sla Jathynrait, ka ia biang ban pynsuhsieng ia ka kamra baroh kawei. Ka jingiwbihi jong ka ka neh slem, wat haba ka la iap stai ruh kam duna satia ia ka jingiwbihi jong ka.

Ban kyllan dawai pangmet ki ju khleh da kaba dung lang bad u sying makhir nangta sa khleh bad ka umphniang bam. Kito kiba kham shemphang ia ka rukom khleh, ki pyndonkam sa bad kiwei de ki jynja kynbat bad jymie.



## KA PYRSHIT

Ki don lai jait ki pyrshit kiba ju ia tip paidbah. Ha ine i kitab, ngin ia peit shuwa tang ia kawei ka jait pyrshit kaba ki khot ha ka ktien Science Burya acuminatia. Kane ka dieng ka long kaba mih kynrei ha ri war, ri lum bad ri bhoi.

Ki longshuwa ki ju pyndonkam ia ka pyrshit ha ka jinglehniam. Ka snep pyrshit ki pynioh ia ka rong stem na ka bynta ban wieh rong jain. La kumba shiphew snem tam mynta, ka jingshalan snep pyrshit na ri khasi ka long da ki hajar ton shisnem shisnem. Ia ka soh jong ka ki bam bha ki sim bad ki mrad.

Ha kane ka lynnong ngin ia kren tang ia kane ka bynta kaba ia dei bad ka jingpynioh jingbam jong ka ia ki sim ki doh ha u lum Shillong.

Ka pyrshit ka phuh syntiew ha u bnai October. U soh jong ka pat u ih ha u bnai April-May. Ia ki syntiew pyrshit u boi bha u ngap. Ki nongri ngap ki kubur ba ka phuh pyrshit ka long kaba bha ngap. Ia ki soh jong ka ki bam bha ki sim ba bun jait.

Ha ki thain u Lum Shillong ka pyrshit ka mih kynrei. Hynrei na ka daw ka jingpynduh ia ki khlaw, kam da don pahuh shuh mynta. Kham lap ia ka mynta sa tang ha ki ri kynti jong ki brieve.

Haba la poi ka por Pyrem, ki sim ba bun jait ki la wan poi ha ki thain u Lum Shillong. Don ki jait sim kiba la thaw skum ha kine ki bnai pynnoh lyiur. Kumba la ong sha khmat, ki soh pyrshit ki ih ha kine ki bnai. Kumta ka long kawei na ki soh dieng kiba bsa ia ki sim ki doh ha ki ranab u Lum Shillong.



## KA KAIN RILUM

### (Anacardiaceae succeedanea)

Ka kain kaba ngi ia tip paidbah ka don ar jait, ka kain kaba mih kynrei ha ri tbian ka heh sla. Ka syriem shibun ia ka sohma. Ka rukom soh ruh ka syriem ia ka sohma. Ha ka kyrteng Science ki khot ka Rhus succeedenea. Ha kane ka lynnong ngin ia kren shuwa tang ia ka kain rilum namar ba ka mih kynrei ha ki thain u Lum Shillong.

Kane ka dieng ka don katto katne ka jingsyriem ia ka dieng bti, tangba ki sla ki rit. Ka dei kaba long dieng bah. Kaba bha dieng ban leh dieng ing. Ka dieng shapoh ka stem bad eh bha. Ki soh heh ki syriem ia ki soh jalu. Ka por bam sim ia ki soh kain ruh ka dei ha ka por synrai.

Ia ki soh jong kane ka dieng, ki bam bha ki sim kiba kham heh. Ka tyngab ka bam bha syriem kumba ka bam ia ki soh jalu. Ka kain namar ba ka long ka jait dieng kaba soh bun, nalar kata ruh ka heh dieng, bun ba ki soh ki shu sah tyrkhong namar ba ki sim kim iai lah ban bam. Hynrei katba ngi iohi ka long ba ka long kawei na lait dieng kaba bsa pahuh ia ki sim ki doh ha u lum Shillong.



## U SOHPHIENAM

(Myrica)

Ia u sohphie ngi ju pynbynta ha ki arjait. U sohphie bad u sohphienam. Don ruh kiba ong sohphieheh bad u sohphienam. Ka kyrteng pura jong sohphienam ka dei u sohphiesnam. Imat la khot kumne namar ba haba u la ih bha, u saw hoin hoin bad ka um jong u ruh ka saw. U sohphie heh u don ha ri tbian bad ha ri jrong ruh, hynrei u sohphienam um da don ha ri tbian. Ha ki thain u lum Shillong u kynrei eh u sohphienam. Don ki khlaw kiba la shu jyllei tang da une u sohphie. Wat haduh mynta ba la jur ka jingpynduh ia ki khlaw ki btap ia u sohphienam ngi dang lap byllai.

U sohphie u phuh syntiew ha u bnai December-January bad ki soh ki sdang ban ih naduh u bnai March bad u neh haduh u June.

Ia u sohphienam ki bam bha ki sim naduh kiba heh haduh kiba rit. Na ki mrad kiba bam bha ia u sohphienam ki kynthup ia u risang, kum u risang khyndew, risang dieng bad risang biait. Ynda haba u la hap ha khyndew don sa ki khnai ruh kiba bam ia ki shyieng jong u. Nalor kine, don sa kiwei kiwei ruh ki mrad kiba bam ia u.

Ka por kaba ki sim ki doh ki ioh jingbam na u sohphienam ka long kaba jlan. Kumba la ong sha khmat, naduh u March haduh u June.

U sohphienam u ih ha ka por pyrem, ka por kaba shit bha. Kumta u long uba baroh ki briew ki sngewtynnad ban bam pyngngad naduh ki khynnah haduh kiba la san. Ha ki bnai pyrem, u long uwei na ki jait soh kiba jyllie ha iew duh.

## U SOHKHLUR EITBLANG (*Eleagnus pyriformis*)

Une u jait soh ngi lah ban ong ba u dei u soh shang khlaw. U don ha ri tbian ruh hynrei u kham mih kynrei ha ri jrong. Ha ki thain u Lum Shillong, u mih kynrei eh. Une u soh u long uba im slem. U lah ban im haduh sanphew-hynriewphew snem. U long uba soh kloï bad neh ka jingsei soh haduh ba u la tymmen dieng ruh.

U phuh syntiew ha u bnai January. Ka rong phuh ka long byrtem. Ha ka por ba u phuh rheh, sawdong ka jaka ba u don, suhsieng da ka jingiwbiu jong u. •

U soh jong u u ih ha ki bnai April-May. Ia ki soh jong u, ki bam bha ki sim ba bun jait, ki mrad bad ki briew.

U sohkhlor eitblang u long uba khah tnad bad khah sla bha. U dieng jong u baroh uwei ruh u wan dur itynnad phyrngup. U long u dieng uba ki sim ki juh ban dem kai.

Sa kawei kaba ngi ju iohi ka long ba ki sim ba bun jait ki juh ban thaw skum ha une u dieng. Ka lyngdkhur, ka sohlyngngem, ka wahku etc, ki ju thaw skum ha u sohkhlor eitblang. Napdeng ki mrad kiba juh ban thaw skum ha u sohkhlor eitblang ki long u risang dieng, u khmud, etc. Ngì ju lap ruh barabor ia ki syiar khlaw, iarkhiar, khroit, lyngtliew, etc ba ki juh ban thiah ha une u dieng. Ki nongthap syiar khlaw ki tang shu lap sohkhlor eitblang, ki la thikna ba ki syiar kin thiah hangta.

Kumta, ngi iohi ba u sohkhlor eitblang u long uba bsa ia ki sim ki doh bad ha ka juh ka por, u ai ka jaka riehtngen ia ki ba kin thaw skum bad nyngkong ka jaka thiah ka jaka dem.

## KA LATOHTIEH KYNTHEI

(*Buddleia macrostachya*)

Ka latohtieh ka dei ka jait dieng kaba don kylleng ha ri Khasi Jaintia. Ka don ha ri tbian bad ha ri jrong. Ha ri jrong ka long ka man bha haduh ka jaka kaba jrong kumba 6000 phut na sla duriaw.

Kane ka jait dieng ka long kaba jem. Ki sla jong ka ki jyrngam na ka liang kaba na sha lor bad ka lieh na ka liang kaba shapoh.

Kane ka dieng ka sei puh ha u bnai November bad neh haduh u January. Ka rukom puh jong ka ka long kaba iphylla shibun. Ka sei nyngkong ia u shylluid uba syriem ia u tyllong riwhadem. Na une u tyllong ki pynmih baroh sawdong da ki thlong um. Ha kine ki thlong ki dap da ka um kaba thieng. Kane ka um ka long kaba thieng bad ka long rong byrsaw. U ngap u boi ia kane ka syntiew. Ki sim ba bun jait ki kjit ia kane ia ka um.

Napdeng ki sim kiba bam bha eh ia ka latohtieh kynthai ki long ka sim shoin, sim sla, sim sier, sim krai, bad bun kiwei kiwei pat ki jait sim

Ka latohtieh kynthai ka ioh bynta ha kaba bsa ia ki sim ki doh kumba lai bnai. Namar ba ka long kaba mih bun, ki sim ki pahuh jingbam bha ha ka por ba puh ka latohtieh kynthai.



## U JAIUR (Zanthogylum)

U jaiur u dei na ka kynhun jong ki jait dieng shiah. U long uba dap da ki shiah baroh ki bynta jong u naduh u diengbah, ki tnad bad ki sla ruh. Ki shiah ruh ki long kiba nep shibun eh.

U jaiur u long uba baroh ki pyndonkam kum uwei na ki jingshoh jingshain. U iadei eh ban tylliat tungtap, etc. Hynrei hangne ngin ia kren tang ia ka bynta kaba iadei kum u jingbam jong ki sim ki doh ha u lum Shillong.

U jaiur u phuh syntiew ha ka por lyiur bad u soh u ih ha ka por synrai. Une u soh, u dei uba neht slem-slem ha u dieng, wat la u ih naduh ka por synrai u lah ban neh ha u dieng haduh u bnai December-January.

U jaiur u dei uwei na ki jait soh uba ki sim ki bam bha. Don ki sim kum ka sim sier, ka paitpuraw, shyrtong khla etc. kiba lada don soh jaiur wat ha syndah iing briew ruh ki wan tur iap namar ba ki bang eh.

U jaiur u mih kynrei ha ki thain u lum Shillong. Ngim da tip thikna, kiei ki jait mrad kiba bam ia u jaiur. Hynrei kaba ngi iohi ka long ba ym da kham don na ki mrad kiba bam ia u. Ka daw kaba kongsan lehse namar ba u bun shiah than, ki mrad kim nud ban kiew ia u. Dei na kane ka daw imat, u jaiur u sah slem slem ha u dieng ban long u jingbam jong ki sim.



## KA LATOHTIEH SHYNRANG (Calicarda)

Ka latohtieh shynrang ka dei ka jait dieng kaba mih ha ri tbian bad ha ri jrong ruh. Ka long ka dieng kaba khah sla, ki sla ruh ki ba jyrngam bha.

Kane ka dieng kam don soh, hynrei ka long kaba puh syntiew. Ki sim ki bam bha ia ki puh jong ka. Ka puh syntiew ha ka por tlang.

Ka latohtieh shynrang, ka juh bha ha ki synthem bad ki phud wah, ka ju mih kynrei bha kum ha kine ki jaka. Ka jingdon jong ka kum ha kine ki jaka ka pynlong kaba bit eh ia ki sim ban pynlong ki jaka thiah. Sa shiban shuh shuh, ki sim rit ki juh ban shong ha tnad jong kane ka dieng namar ba ka long kum ka jaka rieh kaba bit na ki khlieng, liengiong, kbeit, etc, kiba bam doh ia ki. Kumta, ka latohtieh shynrang ka ai jingmyntoi ar ban ia ki sim, ka long ka jingbam bad ha kajuh ka por, ka long ka jaka thiah bad jaka rieh kaba bit eh.



## U MIE MYNRUIN (vitaceae vitis lanceolaria)

U 'mie mynruin u dei u jait jymie uba don ha ri tbian bad ha ri jrong ruh. Une u jymie u don bun ha ki khlaw ka thain u lum Shillong.

Ia u 'mie mynruin kim da pyndonkam ha kaba teh jingteh, kum ha kaba teh kper, teh iing, etc, ka daw ka long namar ba um da jwat. Sa kawei ruh, ynda haba la ktah slem, ka thit jong u ka pyndait buid ia ki kti. Kane ka dei ka daw kaba kongsan eh ba ki briew ki kiar ban pyndonkam ia u.

Hynrei wat la kim pyndonkam ia u jymie, u soh jong u, u long uba dei ban niewkor, ki sim ba bun jait ki bam bha ia u. Une u soh jymie u ih ha ka por lyiur bad bteng ka jingih ki soh haduh ka por synrai. Kumba la ong sha khmat, une u u don bun ha lum Shillong. Kumta, u long uwei na ki jingbam kiba bsa ia ki sim ki doh ha u lum Shillong.



## U SOH PAITPURAW

U Soh paitpuraw u dei uwei na ki mar khlaw ki ba ym da lap kynrei. Na ki jaka baroh ba la pyrshang ban lum ia ki mar khlaw, ym ju lap satia ia une u soh paitpuraw ha ki ri tbian.

Une u jait soh u dei u kynja jymie uba heh. U syriem shibun ia u soh kyrwoh lane u sohbrab khlaw. Naduh ka dur ka dar, ka rukom soh, ka jinglong u jymie, u long kum u soh kyrwoh. Hynrei, ka jingiapher ka long ha ki sla, bad ha ki soh.

U sohpaitpuraw u heh syriem kat ka pylleng syiar, katba u soh kyrwoh pat u heh kat u sohbel.

Une u sohpaitpuraw u don bun ha u lum Shillong. Na ki tynrai kiba heh tam, lehse dei uba don ha Sangmein haneng ka tyllong um Sangmein. Une u dei uwei na ki jait soh kiba bsa ia ki sim ki doh ha u lum Shillong. Une u soh, wat haba u la ih ruh u lah ban neh slem slem ha u dieng. Kumta ki sim, ki khnai, ki rising ki ioh ban bam ia u slem slem wat hadien ka aiom ih jong u ruh.



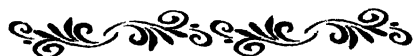


## U SOH KHYLLAM

U soh khyllam u dei u jait soh dieng khlaw uba don ha ri tbian bad ha ri jrong. U phuh syntiew ha ka por pyrem bad u soh pat u ih ha ka por synrai. U sohkhylam u long uba long diengbah bad ba beit dieng. Lah ban pyndonkam ia u kum u dieng iing, etc. Kawei pat kaba dei ban buh jingkyrmaw kyrpang ia une u dieng ka long ba u dei u dieng uba mih tit tung bha. U tit tung u juh ha ki katto katne ki jait dieng iap kiba la lam pyut. Ki nongwad tit tung ki iathuh, na uwei u dieng soh khyllam uba heh, lah ban ioh tit tung haduh kumba shi knup.

Ha kane ka lynnong ngi shim ban ia kren shaphang u soh khyllam kum u jingbam jong ki sim ki doh. Ha ki thain u lum Shillong ki mrad kiba bam bha ia une u soh ka dei ka skei, u risang, u khmud, ki khnai etc.

U sohkhylam u heh soh syriem ia u sohphoh khasi, kumta ki mrad rit kum u risang etc. ki la biang ban bam tang uwei u soh ha ka shisien bam. U dieng sohkhylam u don sa tang khyndiat eh mynta ha u lum Shillong. Ka long kaba dei ban ia ri tyngkai ia u.



## KA JALYNGKHAN (Callicarpa)

Ka Jalyngkhan ka dei ka dieng rit kaba mih kynrei ha ki khlaw Lum Shillong. Kane ka dieng ka don ruh ha ki ri tbian. Kam dei ka jait dieng kaba im tymmen.

Kane ka dieng ka don ka bynta ha ka literature u Khasi. Ia ka kyrteng jong ka ki pyndonkam barabor ha ka phawar. Lada pule ha ki phawar ha ka kitab jingphawar da u babu Rabon Singh, ngi lap ba la pyndonkam khah khah ia ka.

Ia ka sla jalyngkhan ju pyndonkam kum ka dawai kyllan pangmet da kaba khleh lang bad kiwei de ki kynbat dawai.

Kane ka dieng ka phuh syntiew ha u bnai October. Ki phuh jong ka ki jrong lyshuin-lyshuin. Ia ki phuh ki bam bha ki bun jait ki sim khamtam ki sim rit. Kumta ngi lah ban ong ba ka jalyngkhan wat la ka dei tang ka dieng rit, pynban ka ioh ka bynta kaba donkam ha ka literature, ka dawai bad ha kaba bsa ia ki sim ki doh ha lum Shillong bad ha kiwei kiwei ruh ki jaka kiba ka mih. La khynthup ia ka ha ine i kitab, namar ba ka mih kynrei bha ha ki khlaw u lum Shillong.



## KI SIM KI DOH HA LUM SHYLLONG.

Ka long kaba sngewtynnad ban tip ba ha ka khlaw lum Shillong, naduh mynwei myndai, haduh mynta mynne, don bun jait ki sim ki doh kiba shong rta bad kiba ia leit ia wan de. Ym lah ban len ia ka jingshisha ba dang kham mynshuwa, ki mrad bad ki sim ki doh ki shong bad ki krih katba mon, nalor kata, ki don bun bha. Hynrei mynta wat la ki dang don ruh, kim kynrei shuh.

Ia ki sim ki doh bad ki kynja ba pai, ba her kiba dang don haduh mynta mynne, ka long lehse kaba myntoi ban buh jingkyrmaw ha ki jingthoh. Ka long kaba eh ban tip lut sa ki, yn pyrshang ban jer katba lah synoi.

Ia ki sim ngi lah ban pynbynta ha ian bynta, kito kiba shong rta bad kito kiba wan por.

### A. KIBA SHONG RTA

- |                           |                              |
|---------------------------|------------------------------|
| 1. Ka langdkhur           | 10. Ka Sim sla               |
| 2. Ka saro                | 11. Ka Sim Shaid             |
| 3. Ka Sim Puhwieh         | 12. Ka sim leitiew           |
| 4. U Kbeit                | 13. Ka Sim shoin saw         |
| 5. U Syngkni              | 14. Ka Sim shoin stem        |
| 6. Ka Simpuhnei           | 15. Ka Sim shoin mangkariang |
| 7. Ka Sim phniang ja-iing | 16. Ka Sim syllai            |
| 8. Ka Sim Syiem           | 17. Ka larkhiar              |
| 9. Ka Sim Snad            | 18. Ka Sim slang             |

- |                         |                      |
|-------------------------|----------------------|
| 19. Ka Sim Shoin        | 34. U Shyrwat iong   |
| 20. U Shyrwat bthuh     | 35. Ka Sim Riw-riw   |
| 21. U Sikkak            | 36. Ka Sim sier      |
| 22. Ka Simbsa           | 37. U Kurkuit        |
| 23. Ka Sim Shyrtongkhla | 38. Ka phreit        |
| 24. U Pohkrong          | 39. Ka Phreit saw    |
| 25. U Jyllub            | 40. U Iartung        |
| 26. Ka tyut             | 41. I kaitor bniap   |
| 27. Ka Simkrai          | 42. Ka Saro Bhoi     |
| 28. Ka Tyngab           | 43. Ka lyngdkhur rit |
| 29. Ka Sain             | 44. Ka Sim khar      |
| 30. Ka lyntait          | 45. U khliangwarkad  |
| 31. Ka dkhoh kitbru     | 46. U Syiar khlaw    |
| 32. Ka Paitpuraw        | 47. Ka Sim riaw      |
| 33. Ka Sim mationg      | 48. Ka Paitpuraw     |

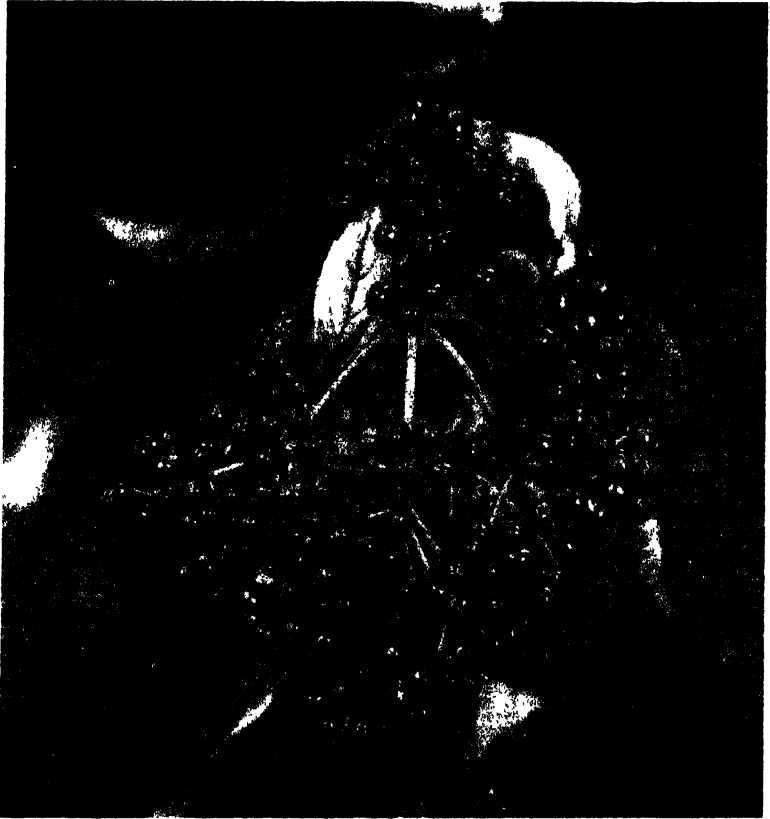
## **B. KIBA WAN POR**

- |              |                       |
|--------------|-----------------------|
| 1. U kynjar  | 5. U Jalboit thohrew  |
| 2. U kub     | 6. Ka Sim Sharai masi |
| 3. Ka mrit   | 7. Ka Sim shriehtneng |
| 4. U lynglit | 8. Ka Dkhoh lasam     |

- |                   |                              |
|-------------------|------------------------------|
| 9. Ka khaptud     | 17. Ka paidpliar             |
| 10. Ka Larni      | 18. Ka Tyngkiap kiap kop-kop |
| 11. Ka mritiong   | 19. Ka Wahku                 |
| 12. Ka mrit bthuh | 20. Ka Sohlyngngem           |
| 13. Ka Sim tung   | 21. U kbeit iong             |
| 14. Ka Porkdait   | 22. Ka 'lieng jathang        |
| 15. U Jalboit     | 23. Ka 'liengiong            |
| 16. U Korkatia    | 24. Ka Sim nohkhongpong      |

**KI MRAD.**

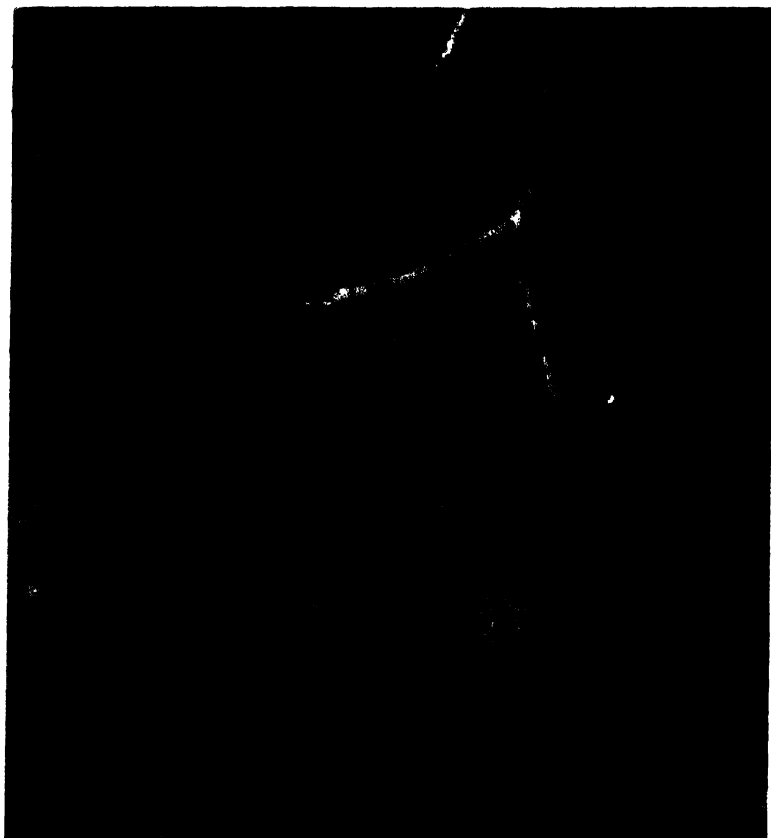
- |                     |                      |
|---------------------|----------------------|
| 1. U khmud          | 11. U myrsiang       |
| 2. U risang khyndew | 12. Ka naidong       |
| 3. U 'risangdieng   | 13. Ka nai prang     |
| 4. U 'risangbiait   | 14. Ka Kyrbei        |
| 5. U bsong          | 15. U khla thapsim   |
| 6. Ka 'nailieng     | 16. U ksar lakud     |
| 7. Ka syllih        | 17. U ksar mariang   |
| 8. U bshad          | 18. Ka rabbit        |
| 9. U phyllad        | 19. Ka 'naili pyllon |
| 10. Ka skei         |                      |



**Sohlang**

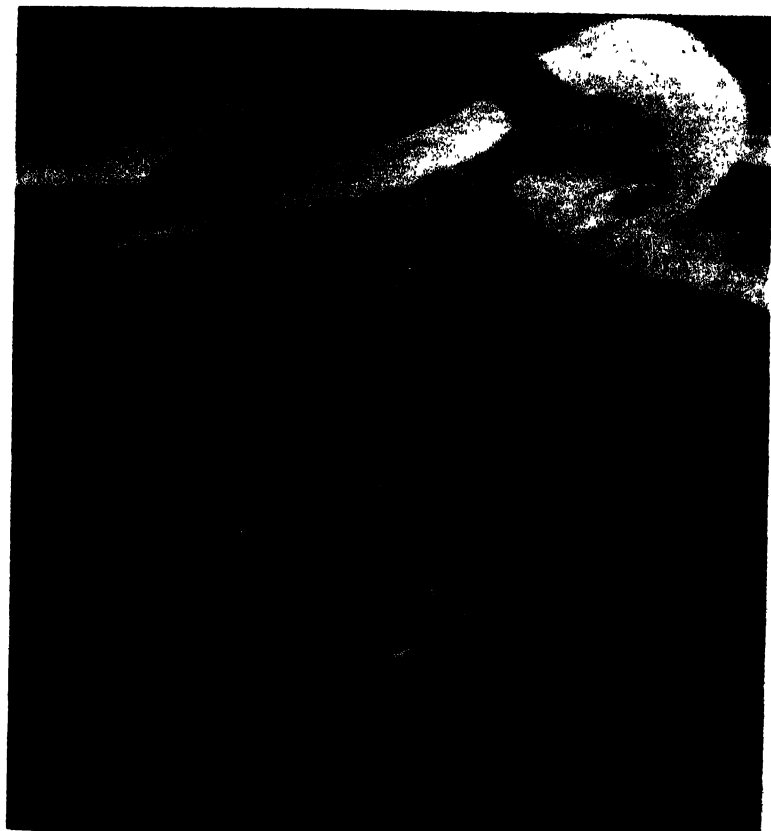


**Sohshun**

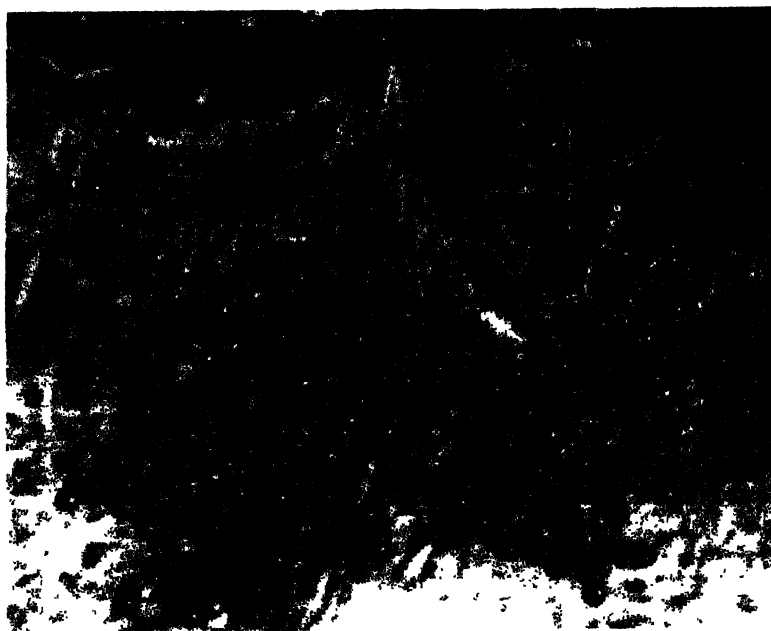
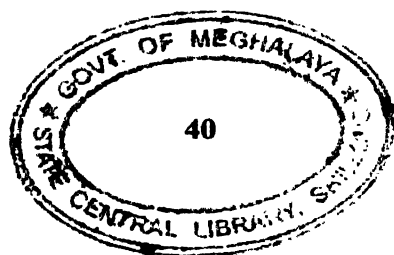


**Sophie**





**Soh jalu**



**Sohpait**



## *Ki kot da u juh u ne ngthoh*

- |    |  |        |
|----|--|--------|
| 1  | Khasi Copy Book Book 1                               | - 1967 |
| 2  | Khasi Copy Book Book 2                               | - 1967 |
| 3  | Khasi Copy Book Book 3                               | - 1967 |
| 4  | Khasi Copy Book Book 4                               | - 1967 |
| 5  | Ki Sur Ha La Ri                                      | - 1968 |
| 6  | Ka Kot Iarap ia ka Khasi Poetry HSLC                 | - 1968 |
| 7  | Ka Wahdiang Rim                                      | - 1980 |
| 8  | Ki jingtrei Bynrap ha Meghalaya                      | - 1985 |
| 9  | Hangne tang ia u Siej 1st Edition                    | - 1987 |
| 10 | Ki Dieng bad ka Culture jongngi                      | - 1988 |
| 11 | Ma phi bad ki khun jong phi                          | - 1988 |
| 12 | Ki Sim ki doh bad ki jingbam jong ki ha Lum Shillong | - 1989 |
| 13 | Kiba ngi khot Ja                                     | - 1999 |
| 14 | Hangne tang ia u Siej (Revised & Enlarge Edition)    | - 1999 |
| 15 | Ki Khlaw ki Btap bad ka kam Ri Ngap                  | - 2001 |
| 16 | Ka Spah Mariang ha Meghalaya                         | - 2001 |